

## Nouveaux arrivants

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Le laboratoire SENS souhaite une bienvenue aux nouveaux arrivants

### Au 01 septembre 2024 :

- Ruben Breniaux, doctorant. Directeur de thèse : David Trouilloud, co-directrice : Noémie Lienhart.

### Au 01 octobre 2024 :

- Amélie Kechichian MCF, UFR Médecine (Département de kinésithérapie).
- Nicolas Matynia, doctorant. Directeur de thèse : Philippe Sarrazin, co-directeur : Boris Cheval.
- Gabriel Bovier- Lapierre, doctorant. Directrice de thèse : Aïna Chalabaev, co-directeurs : Philippe Sarrazin et Maxime Deshayes (Univ Nîmes).

## Financement

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YEAH ! Youth hEAlth from a Holistic perspective (en cours de contractualisation). Horizon Europe R&I Actions (Staying Healthy Call).

Porteuse : A. Chalabaev.

Partenaires : UGA (SENS, CERAG, GAEL, GRICAD, HP2, LIG, PACTE, TIMC), Southern Denmark U., U. Libre Bruxelles, Jyväskylä U., U. Heidelberg, Accare, Glasgow Caledonian U., ENS Rennes, Rennes 2, CHU Clermont-Ferrand, U. Thessaly, U. Babes-Bolyai, ISGlobal Barcelone, IISPV, USMB, Association Vivons en Forme.

## Productions scientifiques récentes

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- Fessler, L.**, Tessitore, E., Craviari, C., **Sarrazin, P.**, Meyer, P., Luthy, C., Hanna-Deschamps, E., Cheval, B. (*in press*). Motivational and Emotional Correlates of Physical Activity and Sedentary Behavior After Cardiac Rehabilitation: An Observational Study. *BMC Sports Science, Medicine and Rehabilitation*.
- Cheval, B., Zou, L., Maltagliati S., **Fessler, L.**, Owen, N., Falck R., Yu, Q., Zhang, Z., Dupuy, O. (2024). The intention-behaviour gap in physical activity: unravelling the critical role of the automatic tendency towards effort minimisation. *British Journal of Sports Medicine*. <https://doi.org/10.1136/bjsports-2024-108144>
- Doron, J., **Lienhart, N.**, Martinent, G., & Goisbault, M. (2024). Coping with intensive training demands: A longitudinal investigation of the relationships between appraisal, emotion, coping effectiveness and engagement among elite fencers. *International Journal of Sport and Exercise Psychology*.
- Fessler, L., Sarrazin, P.**, & Cheval, B. (2024). *Ending on a High Note: The Last Exercise-Related Affective Response Predicts Subsequent Physical Activity in People With Chronic Diseases*. 17<sup>th</sup> Congress of European Federation of Sport Psychology (FEPSAC 2024). Innsbruck, Austria (15th–19th July).
- Fessler, L., Sarrazin, P.**, & Cheval, B. (2024). *Measuring and Predicting Physical Activity in People with Chronic Diseases: The Role of Exercise-Related Affective Responses and Perceived Exertion*. International Conference of Ambulatory Monitoring of Physical Activity and Movement (ICAMPAM). Rennes, France, 2024. Oral communication.
- Joët, G.** (2024). *Bien-être en lycée professionnel, qu'en pensent les élèves d'Outre-Mer?* 15<sup>ème</sup> Congrès International de Psychologie Sociale (ADRIPS 2024), Bruxelles, Belgique, 10-13 juillet.
- Karageorghis, C.I., Guérin, S.M.R., **Fessler, L.**, Howard, L.W., Pinto, C., Ojuri, T., Kuan, J., Samwell-Nash, K.G. (2024). One-HIIT Wonder: Can Music Make High-Intensity Interval Training More Pleasant? *Psychology for Sport and Exercise*. e102717. <https://doi.org/10.1016/j.psychsport.2024.102717>
- Leroy, N., & **Joët, G.** (2024). *A need–supply fit perspective on teachers' perceptions of teaching training and their relationship with job satisfaction and engagement*. Poster presented at the 27th Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD 2024) Lisbon, Portugal, June 16-20.
- Lefebvre du Grosriez, S., Sarrazin, P.**, & **Isoard-Gautheur, S.**, (2024). *Be an athlete and a student: Systematic review on the relationships between role interactions and student-athlete well-being, mental and physical health*. 17<sup>th</sup> Congress of European Federation of Sport Psychology (FEPSAC 2024). Innsbruck, Austria (15th–19th July).

**Lefebvre du Grosriez, S.,** Scotto di Luzio, S., d'Arripe-Longueville, F., **Sarrazin, P., & Isoard-Gauthier, S.,** (2024). *Dual career and triple roles: Understanding multiple roles of student-athletes and their interactions using qualitative approach.* 17<sup>th</sup> Congress of European Federation of Sport Psychology (FEPSAC 2024), Innsbruck, Austria (15th–19th July).

Maltagliati S.†, **Fessler, L. †,** Yu, Q., Zhang, Z., Chen, Y., Dupuy, O., Falck R., Owen, N., Zou, L., Cheval, B. (2024). Effort Minimization: A Permanent, Dynamic, and Surmountable Influence on Physical Activity. *Journal of Sport and Health Science.* e100971. <https://doi.org/10.1016/j.jshs.2024.100971>

† S.M. et L.F. ont contribué à parts égales et partagent la qualité de premier auteur

**Mazéas, A.,** Forestier, C., Harel, G., Duclos, M., & **Chalabaev, A.** (2024). The Impact of a Gamified Intervention on Daily Steps in Real-Life Conditions: Retrospective Analysis of 4800 Individuals. *Journal of Medical Internet Research, 26,* e47116.

Quossi, A., **Fessler, L.,** Maltagliati, S., Gardner, B., Miller, M.W., Sander, D., Rebard, A., Szabo, A., Cheval, B. (2024). Can automatic reactions mirror exercise dependence? *International Journal of Sport and Exercise Psychology.* 1–27. <https://doi.org/10.1080/1612197X.2024.2387698>

**Saoudi, I.,** Maltagliati, S., **Chalabaev, A., Sarrazin, P., &** Cheval, B. (2024). Sociodemographic Precursors of Explicit and Implicit Attitudes towards Physical Activity. *Psychology & Health.* <https://doi.org/10.1080/08870446.2024.2371964>.

**Saoudi, I., Sarrazin, P.,** Papaioannou, A., Krommidas, C., Borrucco, M., Gobbi, E., Martins, J., Appleton, P., Maltagliati, S., Erturan, G., **Tessier, D.,** Escriva-Boulley, G., Ramis, Y., Demirhan, G., Carraro, A., Duda, J., Digelidis, N., Loules, G., Cheval, B., & **Chalabaev, A.** (2024). Economic status as a predictor of motivational and affective experiences in Physical Education and physical activity intentions: a cross-sectional study in six European countries. *International Journal of Sport and Exercise Psychology.* <https://doi.org/10.1080/1612197X.2024.2321346>